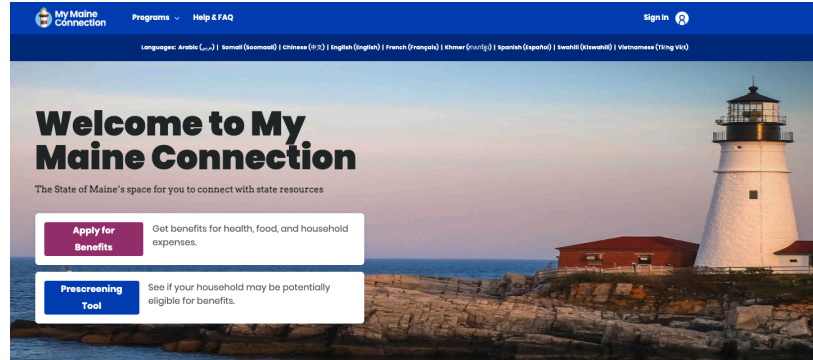


How to fill out F/R Meal Applications using My Maine Connection

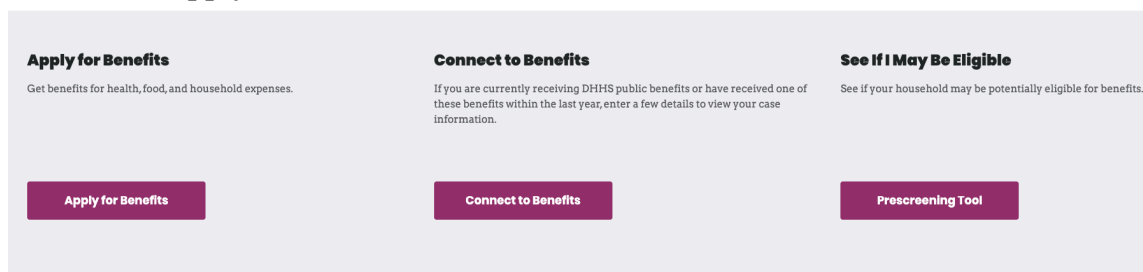
1. Families should go to “[My Maine Connection](#)” and click the maroon “**Apply for Benefits**” button.



2. Sign In or Create an Account
 - a. If you currently have an account, sign in. This will bring you to your Welcome Page. On your welcome page, scroll to the very bottom. You should see an option that says “Add Other Benefits”. Select “Add Other Benefits”



- b. If you do not have an account, you'll need to create one. Once logged in, you'll be taken to your Welcome Page. On your Welcome Page, scroll to the bottom; you should see an option that says “Apply for Benefits”. Select “Apply for Benefits”



- From there, you'll be taken to a page titled *Get Started on the Benefits Application*. Scroll to the bottom of the page and select the maroon box that says “State Benefits Application”

Start Benefits Application

- A box will pop up titled Information for *All Who Apply*. Read the information in the *All Who Apply* pop-up and select the maroon button at the bottom: “I agree”

As you go through this process, we will ask you to verify answers that you have given. Please give us as much detail as possible so that we can get you the benefits you may be eligible to get.

Ready to get started? Click the “I Agree” button. By clicking on the “I Agree” button, you are providing your consent that you have read and agreed to all of the above statements on this page.

Remember: Just use the buttons on the bottom of each page. Do not use the Forward, Back, or Stop button on your computer’s browser.

I Disagree

I Agree

- Fill out Primary Applicant Details and click Next
- Program Selection: Fill out the **SUN Bucks application** completely, *making sure to complete the Free & Reduced Meals section.*

Program Selection

[Learn More](#)

Select the programs the household would like to apply for.

☐	MaineCare (Health Assistance)
☐	SNAP (Food Assistance)
☒	SUN Bucks (Summer Nutrition Assistance)
☐	TANF (Cash Assistance)
☐	HOPE (Education Assistance for Parents/Caretakers)
☐	EA (Emergency Assistance)

- Complete steps 1-7. Sign & Submit.

Application Summary

Complete the sections below to submit the application.

1 of 7 completed ●

☒ Program Selection	Edit
☐ Household Members	Start
☐ Contact Information	
☐ Authorized Representatives	Start
☐ Household Information	Start
☐ Member Details	
☐ Sign & Submit	Start

8. DHHS will receive, process, and send families notices of decision directly.
9. If you still have questions or are having trouble with the application, please call DHHS directly at 1-855-797-4357. You may also choose to fill out a paper application by visiting our district Nutrition Department website.