

School Breakfast Delivery Models

Use this guide to choose the breakfast service model that best fits your school.

Participation rates may vary by site/school

Model	Participation*	Best For	Benefits & Challenges	Logistical Details
Traditional Breakfast	lowest	Familiar to staff; manageable for small staff	• Familiar to staff ----- • Lower participation • can be Incompatible with bus schedules/students running late	School nutrition staff prepare and serve breakfast in the cafeteria. Students must arrive ~20 minutes before classes begin to eat.
Grab-N-Go Breakfast	mid	All grades K-12; flexible spaces	• Flexibility in pickup location and where students eat • Works well for grades 6-12 • Manageable for limited nutrition staff ----- • Requires making food portable	Staff pack meals for students to pick up from the cafeteria or hallway carts on the way to class. Students may eat in hallways/common areas before class or during the first few minutes of class.
Breakfast in the Classroom	highest	All grades K-12	• Highest participation; • Works well for grades K-12 • Fosters a sense of classroom community ----- • Learning curve for all staff • Reporting errors	Meals are packed into portable bags and transported to each classroom by staff, students, or volunteers. Students eat at the beginning of class while teachers begin instruction.
Second Chance Breakfast	second highest	Middle & High Schoolers; fills gap between breakfast and lunch	• Flexibility in pickup location and where students eat • Best for middle and high school • Fills gap between breakfast and lunch	Breakfast is offered after 1st period or during a morning nutrition break. Students can take a bagged meal to eat in a

			----- • Requires attention to time management and efficiency • School must ensure students only take one reimbursable meal	hallway/common area or be served traditional-style in the cafeteria.
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***Important Note: Schools operating under Community Eligibility Provision (CEP) or Provision II, where meal counts can be conducted using a tic-sheet, must develop a written procedure ensuring that duplicative meals are not claimed if a student has the ability to obtain a meal from more than one location. If this cannot be confirmed, then the school is not eligible to serve breakfast at multiple points of service.**